



Generosity Inspires

WH *Winona Health*
2013 Community Report



Generosity Inspires



Generosity Inspires

In 1894, Winona Health was founded through acts of generosity when local citizens and physicians raised \$4,500 to remodel a home into an 18-bed general hospital. Since then, the community has continued to build upon this generosity to support the expansion of local healthcare, including a larger hospital and clinic and the new technologies and services that exist at Winona Health today.

In our 2013 community report, we invite you to be inspired by generosity in all its forms. Included are stories of how nurses, physicians, volunteers and community members demonstrate generosity through gifts of time, spirit or financial support. All forms of generosity are acts of kindness that make a positive impact on individuals, their families and our community. We thank our generous supporters for letting us share their stories.

Winona Health's Golden Circle: The why, how and what.

Why we do what we do: We believe in taking extraordinary measures to build and sustain a healthy community.

How we do that: Our services are relationship driven, designed for healing and innovative.

What we do: We provide excellent primary healthcare services one person at a time.



Rachelle Schultz
President/CEO

From the President/CEO

Dear community,

The past year was filled with significant progress in transforming Winona Health to meet the needs of our community given the Affordable Care Act, the Minnesota insurance exchange launch and the changing demographics and expectations of patients and families.

In 2013, thanks to many factors that make the Winona area a wonderful place to live and Winona Health a great place to work, we added more than 20 new physicians, nurse practitioners and physician assistants across all services to expand our team model of care and improve access to healthcare services. We have additional healthcare providers joining us in 2014.

The changing dynamics of healthcare call for innovative solutions, and everyone at Winona Health is working toward that end using our continuous systems improvement approach. This requires the creativity of our entire staff, and we welcome the thoughts and ideas of patients and area employers as well. More demands are expected to roll out over the next three to five years, and we plan to be ready to respond to them.

We will continue to focus on local care, ensuring a strong community healthcare system whose first priority is meeting the needs of our family, friends and neighbors.

As an integral player in the vibrancy of the Winona community, Winona Health will continue to focus on local care, ensuring a strong community healthcare system whose first priority is meeting the needs of our family, friends and neighbors. We thank each of you for your support of local healthcare services.

Warm regards,

Rachelle H. Schultz
President/CEO

Winona Health Administrative Senior Leaders



Rachelle Schultz
President/CEO



Marti Bollman, RN
Primary Care Services



Jan Brosnahan, CPA, CMA
Chief Financial Officer



Sara Gabrick, RN
Surgical & Specialty
Services



Robin Hoeg, RN, MS
Inpatient Services



Rebecca Lamberty, RN, MSN, MHA
Emergency Department,
Urgent Care & Imaging Services



Kathleen Lanik
Chief Quality &
Safety Officer



Betsy Midthun
Vice President of
Community Engagement



Mary Miller-Hyland, RN
Senior Services



Michael Skroch
Chief Human Resources
Officer



Ken Mogren
Chairman of the Board

From the Board Chair: Ken Mogren

You don't have to watch much TV or read far beyond the newspaper headlines to get a bit depressed about the direction civilization seems to be headed. In the struggle between good and evil, it appears evil is winning. But don't be fooled!

Media folks ultimately get paid based on the number of viewers and readers they attract. Their research must show stories about what's wrong in the world get more attention than those about what is right. So the view they present is really quite distorted. The truth is there is still an abundance of goodness in the world. I feel personally blessed to live in a community where this is so evident.

Examples of this abound at Winona Health. In the past year, more than 375 volunteers gave over 23,675 hours of their time and talents, and 2,243 individuals have made financial gifts to

At the root of all this generosity is a desire to help the patients and their family members who pass through our doors.

the organization. At the root of all this generosity is a desire to help the patients and their family members who pass through our doors. In this publication, we'll recognize our much appreciated supporters and share some inspiring stories of the generosity of our friends and neighbors.

A mouse on one end of a teeter totter is not likely to move an elephant on the other. Neither will a few "feel good" stories offset all the mainstream media's negativity. But I encourage you to read them. They just might change your view of the world.



2013 Winona Health Board of Directors

Standing (l-r): Ken Mogren, Chairman of the Board, President, Winona Agency, Inc.; Daniel Parker, MD, Winona Health Internal Medicine; Scott Biesanz, President, Goodson Manufacturing Company Inc.; Mark Wagner, Engineering Team Leader, Watlow Controls; Rick Iglesias, Senior Pastor, Pleasant Valley Church; Scott Birdsall, MD, Winona Health Obstetrics & Gynecology; Matthew Broghammer, DO, Winona Health General Surgery; Hugh Miller, President & CEO, RTP Company; Richard C. Ferris, MD, Winona Health Internal Medicine; Gary Evans, Winona State University Interim Vice President for Advancement. Sitting (l-r): Herb Highum, Retired Dairy Farmer, Funeral Home Assistant; Kim Schwab, Community Volunteer; Vicki Decker, Community Volunteer; Rachelle Schultz, President/CEO, Winona Health; James Killian, Retired Technology Manager, Cytec Fiberite; Jan Brosnahan, Controls Division Controller, Watlow Controls. Not pictured: Steve Blue, President & CEO, Miller Ingenuity.



Daniel Parker, MD
Chief of Medical Staff

From the Chief of Staff: Daniel Parker, MD

As chief of the Winona Health medical staff, I work with a growing group of providers that seek to provide high-quality care. In our world of spiraling health care costs, Winona Health's goal is to provide not only high-quality care but also high-value care.

What is "high-value care?" The American College of Physicians, the internal medicine professional society, views it as giving the best possible care while also reducing unnecessary costs.

To accomplish this, your full engagement as a patient is essential. Your expectation should be the creation of a personal health plan that is acceptable to you, incorporating your values and addressing your concerns. Communication with your provider is needed – know your questions and do not be afraid to ask them.

When a test or study is ordered, understand that more care is not better care. In the U.S., \$700 billion is spent annually on unnecessary tests, yet we are 22nd in the world in life expectancy. Realize that, in addition to cost, testing can over-diagnose, expose you to radiation, be painful, and lead to further testing.

Don't get me wrong—testing can be necessary. The technological advances in medicine are life-saving in many circumstances. Our plea is that you communicate about suggested tests. Will the result change the treatment plan? What are the benefits and what are the possible harms? Can there be a period of observation before doing the test?

More is not better, communication is key, and framing your cares with your values and concerns will give you the best care possible.

A resource to help you understand and communicate about medical tests and procedures is "Choosing Wisely," available at the website choosingwisely.org. This initiative brings together the American Board of Internal Medicine, Consumer Reports, and dozens of professional societies to name tests or procedures that should be questioned by patients and providers.

It is our privilege to serve you. We hope that you are able to exercise regularly, that you have a healthy diet, and that you have no unhealthy habits or addictions. Should you fall short of perfect, as we all do, we hope you give us the chance to work on that personal health plan with you. What should you do (or not do) about screening tests? What vaccinations should you consider?

As you engage with us, remember "high-value care." More is not better, communication is key, and framing your cares with your values and concerns will give you the best care possible.

Winona Health Physician Leaders



Daniel Parker, MD
Chief of Medical Staff



Richard Ferris, MD
Vice-Chief of
Medical Staff



Allen Beguin, MD
Chief of Primary
Care Services



Matthew Broghammer, DO
Chief of Surgical &
Specialty Care Services



Bryan Reed, DO
Chief of Senior Services



Charles Shepard, MD
Chief of Inpatient
Services



Brett Whyte, MD
Chief of Emergency/
Urgent Care Services



Stories of Generosity



The generosity of being prepared

Debbie Gappa, a LPN in Winona Health's Pediatrics Department, ran over to Sugarloaf Antiques during her lunch break to ask owner, Geri Corey, about garden sheds. She had no way of knowing that her quick errand would turn into a life-changing event.

Geri's dad, Mark Zimmerman, a fit looking man at age 79, was just coming in from the building next door when, out of the corner of her eye, Debbie saw him fall. Fortunately, because of her healthcare training, she knew exactly what to do.

"I threw down my purse, said 'call 911,' and I ran to him and rolled him over. He was unresponsive and I could tell he wasn't breathing so I started CPR."

Debbie continued CPR until the emergency team arrived. "I just kept going," she says. "I knew I had to keep his heart beating until the emergency responders arrived."

As they put Mark in the ambulance, one of the emergency responders looked at Debbie and said, "I think you just saved a life today."

"Then it hit me, and it felt surreal," remembers Debbie. "You never think something like that is going to happen. I'm just glad I was ready."

Debbie said that when she was little, her grandmother told her that she would take care of people. "I've never considered doing anything else," says Debbie. "What I love about being a nurse is knowing that I can help."

generosity inspires:

Debbie has been caring for people since she was 17. Before even graduating from high school, she became a certified nursing assistant and began her nursing career taking care of residents of Watkins Home, long before it was updated into what is now Senior Living at Watkins.



The generosity of time and talent

When Helen Bagshaw, RN, isn't on duty caring for patients in Winona Health's Intensive Care Unit, you may see her training for her next marathon or taking lunch to people who receive home delivered meals. Or, on a free Saturday, you may find Helen teaching a group of community members how to save a life.

Helen has been a CPR (cardiopulmonary resuscitation) instructor for more than 10 years. Last year, she also began teaching community members Hands Only CPR. She said she was inspired after hearing the powerful stories of individuals who experienced sudden cardiac arrest and were saved by regular people within their community who knew what to do. Helen's goal is to make sure there are more people in our community who know what to do when someone needs help.

"Using Hands Only CPR is simple and it triples an individual's chance for survival," said Helen. "Just two steps: first, call 911 and then start CPR to the beat of the old disco song 'Staying Alive.'"

Through 30-minute workshops, Helen has taught nearly 500 people Hands Only CPR. Her goal is to teach everyone.

"Teaching Hands Only CPR is one way I can give back to my community," Helen said. **"Learning** Hands Only CPR is a way everyone can give back. It's a skill that you'll never know when you might need."

Helen is inspired to educate people so that they can make a difference. "I've been given such fantastic opportunities to share what I know," she said. "My hope is that it will help others."

Just five days after his ambulance trip to Winona Health, Mark Zimmerman and his wife returned—a planned visit this time—to attend a Hands Only CPR workshop taught by Winona Health's Helen Bagshaw, RN. Mark wanted to be prepared in case he ever had an opportunity to pay it forward.



Jeremy Compton, CBET (certified biomedical electronic technician), was drawn to biomedical engineering through a desire to do something that mattered.

"As a kid I always tore things apart and was interested in how things work, so I thought about an electronics career," said Jeremy. "Then I learned about biomedical engineering, and I was even more interested—the medical aspect made it seem like I'd be making a contribution to something important."

Every day, Jeremy impacts patient safety by ensuring that medical equipment is properly tested and maintained for safe patient care. So when dialysis nurses observed an intermittent problem with new dialysis equipment that, left unchecked, could be a safety issue, Jeremy was called in to investigate.

"There are so many variables with the dialysis equipment," Jeremy explained. "We had to observe the entire process, conduct several tests and collect a lot of data to determine which part wasn't functioning properly." Because the equipment was new and still under warranty, Jeremy consulted the manufacturer and was told that no one else had reported an issue.

The generosity of caring and persistence



Shortly after Jeremy presented his findings and the supporting data to the manufacturer, the manufacturer issued a world-wide recall of the specific part involved. Jeremy's work also led to a Minnesota Hospital Association "Good Catch" award, recognizing outstanding efforts to ensure patient safety.

Jeremy said investigating issues is just part of his job, and he credits Winona Health dialysis nurses for being vigilant in caring for their patients. He noted, "It's an amazing feeling knowing that the work done here at Winona Health will have a positive impact on the lives of patients around the world."



The generosity of making a difference

When Doug Emanuel's mother, Gladys, needed memory care, he and his brothers thought that Adith Miller Manor felt like the perfect place. "It was so homey and welcoming," said Doug. "We knew that she'd feel at home—and she loved it."

One of the things that made Gladys happiest was listening to music and singing along when music therapist Mary Jo Baldus came to play for the residents. "Mom may have forgotten what she did that morning, but she could remember the words to hymns and folk songs that she learned as a girl," said Doug. "I remember her singing as she worked around the house when I was growing up."

Adith Miller Manor was Gladys's home for more than four years, and Doug got to know the entire staff well. "Everyone was wonderful," he said. "They really are special people, so patient and kind."

To show appreciation for those who so compassionately cared for their mother, Doug and his brothers honored 25 members of the Adith Miller Manor staff with Guardian Angel pins. Guardian Angel pins signify that a gift has been made to the Winona Health Foundation in honor of a caregiver or Winona Health staff member who has made a difference in someone's life.

About his family's generous gift to the staff and to the Winona Health Foundation, Doug said, "It is really our pleasure to give back to those who were so good to mom."

To learn how to make a gift through the Guardian Angel program, visit winonahealth.org/foundation or contact the Winona Health Foundation at 507.474.3328.

Adith Miller Manor staff recognized as Guardian Angels:

| | |
|-------------------------|-------------------|
| Colleen Bateman | Gina McRae |
| Carla Bruss | Tanya Meyer |
| Josh Degallier | Anna Nicolai |
| Tammy Fossum-Geiger | Mary Pelissero |
| Amy Friday | Bailie Pelowski |
| Holly Gotz | Lori Pier |
| Brittney Hatter | Megan Rasmussen |
| Lisa Henderson | Jessica Ratajczyk |
| Donna Hoffman | Raena Sheffer |
| Francine Kortsan | Coleman Straiton |
| Debbie Krage | Linda Walzon |
| Karen Kuehntopp | Breanna Weyrauch |
| Mary Jo McKenna-Brummer | Debbie Yackel |



Inspiring generosity close to home and around the world

To contribute to the Humanitarian Relief Fund, or for more information, contact the Winona Health Foundation at 507.474.3328.



Originally planning to remain anonymous, Betsy and Dave Rowekamp, MD, contacted the Winona Health Foundation about establishing a fund to help those who want to help others near—and far. They agreed to be featured here in the hope of inspiring others to give through volunteering.

Working with the Winona Health Foundation, the Rowekamps established the Humanitarian Relief Fund as a permanently endowed fund. Their generosity is inspired by their holistic approach to health and well-being. They recognize that access to clean water, healthy foods, education and more, all contribute to health and well-being as much as delivery of direct medical care. The Humanitarian Relief Fund provides financial assistance to Winona Health employees who wish to participate in endeavors that improve the health and well-being of people living in underserved and vulnerable communities around the world.

“Individuals who volunteer in humanitarian efforts not only offer needed relief to the communities served, but it’s also a life-changing experience that provides a wealth of knowledge and information to share with peers and colleagues back here at home,” said Dr. Rowekamp. “By providing financial assistance, we hope that a Winona Health employee who wishes to volunteer for a relief effort will have the opportunity to do so even if they do not have the resources to travel.”

The fund provides grants of up to \$1,000 to Winona Health employees seeking to volunteer in humanitarian relief efforts who might otherwise be unable to participate due to financial constraints. To further encourage and support individuals to pursue such efforts, Winona Health will match each award up to \$1,000 per participant. In 2013, the fund allowed two staff members to participate in humanitarian relief efforts.



The generosity of giving back to a community

Every surgery patient at Winona Health now benefits from the generosity of two individuals who wanted to help their neighbors and thank their community.

"The Winona community has been very good to us," said Lester Boelter, former owner of Boelter Industries. "It makes us feel good that we can do something meaningful." The Boelters, Les and wife, Vi, also wanted their gift to support advanced medical technology and be a tribute to their long-time employees.


Their generosity helped fund an anesthesia machine which provides an essential support function for every surgery patient. According to Matthew Broghammer, DO, Medical Chief of Surgical & Specialty Services, this technology is crucial as it used to constantly monitor a patient's condition and safety when undergoing surgery. "Their gift helps us provide the best care possible to all of our patients."

Boelter Industries, Inc., was founded in 1969 by L.B. 'Les' Boelter who had prior experience within the folding carton and packaging industry. His goal was to grow the company into a successful family business with his siblings assisting in the growth. Their philosophy for success was to make customer, employee and vendor satisfaction a primary focus. In July, 2012, the family-owned business was acquired by WS Packaging Group, Inc., and Les's son Dennis is still involved in the operation.

"Vi and I are happy to be able to give this gift to Winona Health as a tribute to our faithful employees and wonderful community," said Les. "We are glad it will help local people and support healthcare services right here in Winona."

Photo (l-r): Rachelle Schultz, President/CEO; Nicole Varela, MD; Matthew Broghammer, DO; and Vi and Les Boelter.





Volunteers greet patients in the hospital lobby in 1955.



The generosity of seven decades of service

Lois Frank began volunteering at the hospital when she was a high school student—70 years ago.

She welcomed people, provided directions and answered questions at the information desk. Of course those days were pre-computer, and she remembers patient room numbers written on index cards and organized in a recipe card box. So Lois has experienced many changes through seven decades.

Over her 70 years of volunteering, Lois has helped countless Winona Health patients, residents and visitors. “I enjoyed volunteering because I was able to meet and interact with so many different people,” Lois shared.

After marrying, Lois and her husband, Eugene, moved to New York for a few years, but upon returning to Winona, she picked up where she left off, volunteering at Winona Health. She found it rewarding to help others. Lois continued to volunteer at the hospital information desk and in the Winona Health Auxiliary’s Gladys D. Miller Gift Shop.

At 87 and after 70 years as a dedicated Winona Health volunteer, Lois Frank is hanging up her pink smock and enjoying being fully retired. Her generosity of time and her commitment and enthusiasm as a volunteer continues to be an inspiration to many.

Photo (l-r): Kris Walters, Volunteer Manager, and Lois Frank.



Giving generously of their time, talents and treasures

One hundred and twenty years ago, on March 26, 1894, fifty Winona women gathered to form a new organization, the Ladies Hospital Aid Association, which would be affiliated with the one-month old Winona General Hospital. Dr. D.B. Pritchard asked the group to help furnish the new hospital, and their first fundraiser netted \$8.10.

For the past 120 years, the Winona Health Auxiliary volunteers have generously given their time, talents and treasures to benefit our patients, residents and families. Since 2000, they have contributed more than \$1 million dollars to Winona Health programs, equipment and scholarships from their numerous fundraising efforts.

"The generosity of our Auxiliary volunteers has an immeasurable impact on what we do here at Winona Health," said Rachelle Schultz, Winona Health president/CEO. "We recognize the many ways volunteers help our patients, residents, visitors, families and staff. Their ongoing support strengthens local healthcare and, therefore, our entire community. We extend our heartfelt appreciation to each of them."



Winona Health 2013 Highlights

Primary Care

Welcomed Primary Care Providers:

- Jennifer Thuener, MD; Family Practice
- Andrea Branson, CNP; Internal Medicine
- Lora Briese, CNP; Family Practice
- Virginia Green, CNP; Family Practice
- Lori Greiner, CNP; Family Practice
- Jackie Stevens, CNP; Family Practice
- Brea Veldboom, CNP; Family Practice

In addition, so far in 2014:

- Theresa Zeman, CNP; Internal Medicine
- Kristi Schulte, PA-C; Pediatrics

The **Care Team Model** continues to evolve with 10 care teams in Pediatrics, Internal Medicine and Family Practice. The care team model provides a **collaborative team approach** to give patients better access to high-quality care.

10
CARE TEAMS



Lori Greiner, CNP, and Dirk Thompson, MS, MD, just one of the Family Practice care teams at Winona Health.

Surgical & Specialty Care

Welcomed highly specialized **oral, maxillofacial and reconstructive surgeon**, Steven Evelhoch, MD, DDS, to the Oral & Maxillofacial Surgery Clinic.

Added a **third podiatrist**, Mike Donnenwerth, DPM, a rear foot and ankle specialist, to provide care in Orthopedic and Podiatry Services.

Added a **third obstetrician/gynecologist**, Melissa Richards, MD, to care for women in the Women's Health Center.

Winona Health was recognized as one of the **best healthcare organizations** in the state for low c-section rate.

Winona Health's **Cancer Care Program** earned **accreditation** from the Commission on Cancer, a consortium dedicated to improving survival and quality of life for cancer patients through standard-setting, prevention, research, education, and comprehensive, high-quality care.

Laboratory again received accreditation from the College of American Pathologists after rigorous inspection.

ACCREDITED

Emergency/Urgent Care

Welcomed new providers to **Emergency Department** and **Urgent Care Clinic**.

- Joseph Koo, DO; Emergency Department
- Kari Nelson, PA-C; Emergency Department and Urgent Care Clinic

Recruited an additional Emergency Department physician who will start in summer 2014.

Emergency Department recognized with a **Women's Choice Award by Women Certified, Inc.** a consumer advocacy organization for women, as being **among the best hospitals for patient experience in emergency care**.

Expanded Urgent Care hours providing community members with increased access to services.

Hours are now:

Monday through Friday 7 a.m. to 8 p.m. and Saturday and Sunday 8 a.m. to 5 p.m.

Radiology/Imaging

Women's Imaging Department **expanded appointment options** to include walk-in, late afternoon, and Saturdays to accommodate the hours that might work better for patients.

Upgraded imaging technology to include **3D mammography** (breast tomosynthesis) capabilities



Our staff includes more than 1,200 area community members—several of whom may be your family, friends or neighbors. We are dedicated to continuous improvement, and to making Winona Health your first choice for healthcare services and senior living. Every day, we focus on making a positive difference to the individuals and families we are here to serve. These are just a few of our 2013 highlights and accomplishments.

Senior Services

Hospice opened five Serenity Rooms in Lake Winona Manor to enhance the comfort of individuals at the end of life and to provide a more comforting, private environment for their families.



New hospice Serenity Rooms in Lake Winona Manor

Home Care was named a 2013 HHCAHPS **Honors recipient**, an award recognizing home health agencies that provide the **best patient experience**.

Senior Living at Watkins purchased a new vehicle to **take residents where they want to go**.

Adith Miller & Roger Metz Assisted Living **Memory Care Homes** were selected by MyInnerview as 2012-2013 National Research Corporation **Excellence in Action award winners** for achieving high levels of satisfaction, placing within the top 10 percent of qualifying applicants.

Inpatient Cares

Welcomed LeAnn Morey, PA-C, to the **Behavioral Health** team.

Welcomed Hospitalists:

- Katrina Hammel, MD
- Jake Thomas, MD
- Heidi-Thompson Strangler, CNP
- Debra Tidquist, CNP
- Laura Muyres, CNP

In addition, in 2014:

Amy Macal, CNP,

Expanded the Hospitalist program to provide **24/7 in-house coverage**.



Support Services

24
NEW PROVIDERS

Recruited **24 new providers** (highest number of providers hired in any one year).

Invested in technology to meet the needs of our community. Winona Health invested \$3.2 million in capital expenditures to **improve patient and resident care** and **enhance our healing environment**, which included investments in leading-edge mammography, oral surgery, X-ray imaging equipment and surgical instrumentation as well as upgrades to our campus and information system technology.

Received recognition as a **“Most Wired Small and Rural” hospital** by Hospital and Health Networks, the tenth year Winona Health has received this award, indicating great strides in creating clinical information systems aimed at improving patient care.



Completed a **Community Health Needs Assessment** to provide direction in developing programs and services to address the top priorities to improve the overall health of the community.

Housekeeping staff consistently scored in the 95th percentile related to the **courtesy of staff** cleaning patient rooms.

Community Benefit Report

We demonstrate our commitment to community service through community benefit programs, such as community health screenings, community education classes, charity care, student interns and support of nonprofit organizations. These activities are designed to better the health and well-being of our community. Below is a detailed list of Winona Health's community benefit activities for Fiscal Year 2013.

| Category | Description | People Served | Value Of Benefit |
|--|--|---------------|---------------------|
| COMMUNITY BENEFIT | | | |
| Community Health Improvement | Educational classes, support groups, community health talks and health screenings | 8,173 | \$110,685 |
| Health Professional Education | Clinical training site for nursing and other students | 1,945 | \$357,960 |
| Financial Donations | Contributions to local nonprofit organizations for healthcare, youth and other community needs | 4,599 | \$40,048 |
| In-Kind Donations & Support for NonProfit Organizations | Staff expertise, meeting rooms, donated items and time spent assisting local nonprofit organizations to further their mission | 6,078 | \$204,440 |
| Community Building Activities | Partnering with local organizations on <i>Healthy Kids Club</i> and other projects to enhance the quality of life in the community | 1,698 | \$39,544 |
| Charity Care | Cost of free or discounted services provided to individuals who qualify | 694 | \$701,002 |
| Minnesota Care Tax | Tax paid by Winona Health to fund the Minnesota Care Health Insurance program | | \$1,325,796 |
| Medicaid Surcharge | Assessment paid by Winona Health to help fund the Medical Assistance/Medicaid program | | \$983,629 |
| Medicaid Under-Funding | The difference (shortfall) between the cost of providing care and payments received for providing care to Medical Assistance/Medicaid patients | | \$4,582,812 |
| Community Benefit Operations | Costs of management and recordkeeping for community benefit | | \$12,735 |
| TOTAL COMMUNITY BENEFIT | | 23,187 | \$8,358,651 |
| OTHER COMMUNITY CONTRIBUTIONS | | | |
| Medicare Under-Funding | The difference (shortfall) between the cost of providing care and payments received for providing care to Medicare patients | | \$14,808,676 |
| Taxes and Fees (Real Estate Tax) | Tax assessed on property | | \$347,186 |
| Bad Debt | Amounts for services provided, in which payment is expected but not received | | \$3,890,444 |
| Discounts Offered to Uninsured | | | \$343,691 |
| TOTAL OTHER COMMUNITY CONTRIBUTIONS | | | \$19,389,997 |
| TOTAL COMMUNITY BENEFIT AND OTHER COMMUNITY CONTRIBUTIONS | | 23,187 | \$27,748,648 |

Summary Financial Information

BALANCE SHEET

As of September 30, 2013

ASSETS

| | |
|--|--------------|
| Cash & Investments | \$79,151,000 |
| Amounts Due from Government Programs, Insurance Companies and Patients | 14,937,000 |
| Property and Equipment | 48,824,000 |
| Other Assets | 4,836,000 |
| | <hr/> |
| | 147,748,000 |

LONG-TERM DEBT AND OTHER LIABILITIES

44,539,000

Net Assets

\$ 103,209,000

The Balance Sheet gives the financial position of the organization for a specific point in time. The Assets of the organization are primarily cash/investments, amounts due from payers, and hard assets such as buildings and equipment. The organization is appropriately leveraged with a long-term debt to equity ratio of 28%, which is better than median levels for similar organizations. Net Assets of more than \$103,000,000 gives the organization stability to weather uncertain times.

REVENUE AND COSTS

12 MONTHS ENDED SEPTEMBER 30, 2013

| | <u>Government Programs</u> | <u>Insurance & Self-Pay</u> | <u>Long-Term Care and Other</u> | <u>Total</u> |
|------------------------------------|----------------------------|---------------------------------|---------------------------------|-------------------------|
| Operating Revenue | | | | |
| Net Patient Revenue | \$37,046,000 | \$64,839,000 | \$14,546,000 | \$116,431,000 |
| Other Revenue | - | 3,681,000 | 88,000 | 3,770,000 |
| | <hr/> 37,046,000 | <hr/> 68,520,000 | <hr/> 14,634,000 | <hr/> 120,200,000 |
| Operating Costs | | | | |
| Operating Costs | <hr/> 56,438,000 | <hr/> 43,980,000 | <hr/> 15,532,000 | <hr/> 115,950,000 |
| Gain (Loss) From Operations | <hr/> \$(19,392,000) | <hr/> \$24,540,000 | <hr/> \$ (898,000) | <hr/> \$4,250,000 |
| Other Changes in Net Assets | | | | <hr/> 5,427,000 |
| Increase in Net Assets | | | | <hr/> \$9,677,000 <hr/> |

The statement of Revenue and Costs shows the financial results during the past fiscal year. The organization is able to generate positive returns from services that are paid for through private sources, primarily insurance. The gains generated through private sources are largely erased by the underpayment of services by government programs such as Medicare and Medicaid, which generate significant losses.



The generosity of the community.

When you give to another, both of you have more.

Thank you for your generosity—

Gratitude comes in many forms. The following list is just one way we can say “thank you” for the generous support given to the Winona Health Foundation. Please note that the names reflect gifts received by the Winona Health Foundation between October 1, 2012 and September 30, 2013.

Abbott Diabetes Care
Joyce Abeyta
Debra L. Abnet
Timothy Abrams
Norris & Rhoda Abts
Rhonda & John Adams
Clare Aeling
Joanne & Roland Ahrens
Robert & Mary Albrecht
David & Gayle Aldredge
David Allen
Mike & Kim Allen
Beverly Allin
Cindy & Jeff Alseth
John & Janice Ambuhl
Gloria M. Ames
Jenna Ammann
Eileen E. Amundson
Irma Amundson
Ashley Anderson
Lauren Anderson
John Anderson Family
Bev & Randy Andre

Anonymous
Chris & Harley Antoff
Maxine & Lawrence Armitage
David & Muriel Arnold
Lorraine Ashelin
Allan & Jeanine Aspen
Troy Atherton
Linda Atkinson
Mary & Dean Auna
Katelyn J. Auerbeck
Tamara & Gregory Auerbeck
Elizabeth K. Bach
Mercille E. Bagniewski
Helen & Peter Bagshaw
Kay L. Bailey
Marjorie & Jonathan Bald
Kathy Ballinger
Bob Bambenek
Joe Bambenek
Mary & Greg Bambenek
Rick & Beth Bambenek
Ed Barak
Diane Barge

Steven Barge
Missy Barnholtz
Lori Barrientos
Betty J. Barth
Barbara J. Bass
Ms. Amy S. Bastian
Sandra & Bruce Bauer
Sandy Bauer
Kristy & Bob Baures
Michael & Trish Baures
Paul M. Baures
Bayer Corporation
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*At an event earlier this year,
we asked our guests to share
their thoughts on the question,
What inspires you?
The comments shared in the
following pages are from our
guests. We hope these insightful
observations will inspire you.*

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*What inspires you? The beauty of nature. My faith.
 Great people. Great art. Selflessness & kindness with intention.
 The kindness of strangers. Piano music. Dedication to healthcare
 by the staff at Winona Health. My grandkids and great grandkids.
 People who overcome personal challenges. Kindness, passion.*

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What inspires you? Actual stories of overcoming adversity by individuals. The good feeling of giving. Baking. Giving back to people less fortunate makes me feel good. The love of my family. People! Good hockey. A beautiful Winona summer. Art and beauty. Doctors and nurses who deal with trauma and surgery. People who give themselves permission to enjoy life.

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 Eloise J. Tjernagel
 Scott & Shari Tjossem
 Scott & Sharon Tolleson
 Milton W. Topness
 Nancy Toulou
 Emily & John Tracey
 Karen & Dave Trickett Family
 Hildegard R. Trochta
 George & Janice Tropple
 Sandra Tschida
 Bob Tullius Family
 Gloria K. Tullius
 Britta Turner
 Dr. Scott & Kathy Turner
 Dr. Scott & Kathy Turner
 Megan & Robert Tyler
 United Way of Greater
 Winona Area
 United Way of the Greater
 Triangle
 Christa Urbick
 June Urness
 Elaine S. Valentine
 Claudine M. Van Meeteren
 Jenna VanBeek
 Cheryl & Dan Vaughn
 Angela M. Veiseth
 Penny and Kenneth Venus
 Ashley Verdick
 Judi Veronese
 Gloria M. Vick
 Rhonda K. Viestenz
 Victor & Lisa Vieth
 Stuart B. Virnig
 Terre & Jake Virock
 John & Carolyn Vitek
 Michael & Jane Voelker
 Deb R. Vogel
 Howard & Gladys Volkart

Darrell & Patti Volkman
 Roger & Jean Volkman
 Eileen von Rohr
 Janis C. Vose
 Marilyn R. Wachholz
 Joe & Audrey Wachowiak
 Mildred S. Wachowiak
 Donald J. Wadewitz
 James Wadewitz
 Linda & Mike Wadewitz
 Mark Wagner & Anne
 Olsen Wagner
 Dean & Shannon Wagnild
 Kay & Peter Walsh
 Paula & Michael Walter
 Kris & Scott Walters
 Marlene Walther
 Jan F. Wanek
 LaVae & Joe Wantoch
 Elizabeth J. Ward
 Mindy & Matt Ward
 Bart & Emerine Weaver
 Norm Weaver
 Roger & Mary Weaver
 Robert & Dawn Webster
 Eileen L. Wedge
 Keri A. Wegman
 Paula A. Wegman
 Joan B. Wehlage
 Gerald & Colleen Wehrenberg
 Kari D. Weidemann
 Michael & Amanda Weilandt
 Bette & David Weinmann
 Kara & Joseph Welch
 Linda & Michael Wend
 Tina Wenzel
 Rita J. Wessel
 Cindy Whetstone
 Jerry Whetstone
 Sheri & Robert White
 Ann R. Whitlock
 Sharon Wicka Family
 Tanya & Wayne Wicka
 Elaine Wiczorek
 James & Rosemary Wiczorek
 Kris Wiczorek
 Rita & Larry Wiczorek
 Holli & Mark Wieser

Debi Wildenborg
 Janet A. Wilke
 Dick & Jaci Will
 Kay & Robert Williams
 Ann Williamson
 Karen Williamson
 Dr. Thomas & Christine Wilmot
 Marvin & JoAnn Wilson
 Ruth E. Wilson
 Patrick Wiltgen
 Winona Family YMCA
 Winona Family YMCA
 Colors of Cancer
 Winona Firefighters
 Relief Association
 Winona Health Auxiliary
 Winona Health Cookie Sales
 Winona Health Employees
 Winona Health
 Winona Health Valet Services
 Winona Senior High School
 Service Learning Class
 Winona Senior High School
 Winhawk Volleyball Team
 Winona State University
 WSU Student Athlete
 Advisory Council
 Phyllis Wirt
 Fran & Teresa Wojciechowski
 Mary Wojciechowski
 Duane & Edwina Wolfe
 Elizabeth Wolfe
 Marjorie Wolfe
 Marvin & Pamela Wolfmeyer
 Pamela & Marvin Wolfmeyer
 Women's Fellowship of
 First Congregational Church
 Laurie & Rick Wunsch
 James & Marcia Youngs
 Helen Zaborowski
 Jim & Toni Zaborowski
 Frank & Cynthia Zacher
 Susan & Brian Zeller
 Lyle & Joann Ziegeweid
 Mike Ziegler
 Ila M. Zieman
 Heather & Donald Zimmerman
 Becky & Brad Zittel

In memory of

Dorothy Ahearn

Alan & Sally Kotschevar
 Amy Welch
 Barbara L. Seeling
 Bev Engel
 Carol Byrne
 David & Joy Schmidtknecht
 Don & Joanne Thiesse
 Gina McRae
 Jeanette M. Pruka
 John & Pat Brandt
 Joyce & Dale Camerer
 Lisa & Ken Koetz
 Lois D. Stark
 Orma & Nancy Hadley
 Pat Loth
 Roger & Dawn Schindler
 Mar-Dan Enterprises, Inc.
 Pflughoeft Trucking
 LaVern Pflughoeft

Edna Albrecht

LaVerne & Darlene Bartelson
 Lisa Jonsgaard & Lance Thill
 Bob Kierlin & Mary Burrichter
 Rosemary Speltz
 Shirley & Michael Eide
 Vickie & Jon Cada

Morris C. Anderson

Dorothy J. Anderson

Shirl I. Averbek

Audrey & Tim Pronschinske
 Winona Health

Ann Banicki

Barbara & Mark Pozanc
 Dennis & Claire Waters

Devin & Theresa Ellinghuysen
 Dorothy Banicki
 Elizabeth Waters
 Gerry & Peg Cada
 Gina McRae
 John & Rita Banicki
 Kelly & Timothy Dahl
 Maribeth & Thomas O'Hara
 Matthew Cada
 Susan J. Freeman
 LAHS Sunshine Club

Clarence Bell

Darrell & Patti Volkman

Rita Bell

Chuck & Patty Nuzum
 Scott & Barb Fabian
 Steve Kulas
 Winona Health

Henry E. Benke

Carolyn & Phillip Larson
 Henry Benke Family
 Lori & Scott Benke
 Thelma Dee Neal
 Winona Health

Tanner Benson

Lorraine Ashelin

Anita H. Berg

Audrey & Tim Pronschinske
 Winona Health

Donald V. Biesanz

Chuck & Patty Nuzum

Gary R. Braatz

Winona Health

Jane Brantmier

Lucy & Michael Dunn

Mabel M. Braun

Carol & Gerald Burgmeier
 Donna Tymesen
 Mabel Braun Family

John Breza

Jim & Doris Killian

Dorothy G. Brom

Sue & Tony Hassinger

Helen "Jean" Bruss

Winona Health

Roger A. Buege

Winona Health

Marjorie L. Burch

Bev Durnen
 Carmen & Philip Olson
 Jeanette 'Jan' Sorenson
 Lori Luby
 Roselyn Staley &
 Bruce Whited
 Steven & Gail Staley

Rosella M. Burfeind

Al & Joyce Jarvinen
 Angie Bork
 Anne L. Grulkowski
 Darlene J. Ellingson
 Glenn & Barb Nielsen
 Jason Wantoch
 Jeff & Melissa Haldeman
 Marjorie T. Hunger
 Paul & Kelly Burfeind
 Sara & Mike Gabrick Family

Jeanne M. Burke

Kathleen & Jim Lanik

Florian M. Cairns

Robin & Scott Hoeg

Roger A. Chiglo

Winona Health

Wanda Christensen

Hugh & Vera Miller
 RTP Company

Sylvia Chupita

Rainy Griesel

Mike Churpek

Angie Bork

Nicholas Cisewski

Julie & Michael Smith

Wayne Cramer

Winona Health

Alexandria (Eleanore)

Marie Dietrich

Keith & Mary Ann Olson

David 'Dave' A. Dittrich

Jane Bollinger
 Susan Schaffner
 Winona Health

William 'Bill' J. Doerer

Ann Watkowski
 Mary & David Heise

Anthony Dorava

Angie Bork

Sadie Dragovich

Winona Health

Marie E. Dunn

Richard & Suzanne Dunn

Edward 'Sonny' Dzwonkowski, Jr.

Winona Health

John O. Edstrom

Frances M. Edstrom
 Jean & Steve Jorde
 Leon & Donna Nesbitt

Josephine 'Jo' M. Edstrom

Dr. David & Betsy Rowekamp
 Lorraine Ashelin
 Lyndie L. Fabian
 Steve Zolondek

What inspires you? Someone who shares the fruits of their labor with those who need help. People who are generous with their time. Helping others make their dreams come true. A good cause with wise managing of resources.

Roger W. Ehlers
William & Rebecca Mitchener
Winona Health

Bob Eichel
Lucy & Michael Dunn

Robert N. Elam
Winona Health

Donald E. Elliott
Allan & Jeanine Aspen
Grace Reed

Gladys Mae Erickson
Debbie & John Yackel
Donna M. Hoffman
Dorothy Sanders
Doug Emanuel
Gina McRae
Family of Gladys and
Joesph Emanuel
Jean Serie
Jeanette Drake
Nancy Peterson
General Mills Worldwide
Innovation Network

Joseph P. Emanuel
Family of Gladys and
Joesph Emanuel

Clarine A. Erdmann
Gerry Gunderson
Clarine Erdman Family

James R. Erickson
Jeanette 'Jan' Sorenson
Bob & Erika Gilbertson

Dale A. Evans
Cheryl & Troy Evans

Maxine J. Evans
Cheryl & Troy Evans

Charles E. Evenson
Audrey & Henry Deblon
Jim & Shannon Hanzel
Joan Jackels
Diane Metz
Don & Joanne Thiesse

Arlis 'Arlie' L. Everson
Elaine M. Rohrer

Dorothy S. Fend
Dennis & Yvonne Johnson

Harold Ferguson
Kimberly & Dennis Wirt

James M. Ferguson
Dona M. Ferguson
Kimberly & Dennis Wirt

Gerald Figgs
Winona Health

Mae P. Florin
Beth Florin
Don & Jean Florin
Judy Benson

Shirley Forst
Winona Health

Gert Forsythe
Suzanne & Scott Roberts

Mark Full
Terry & Tina Full

Mary Ann Full
Terry & Tina Full

Arthur Gale
Carol Byrne
Winona Health Parkview
Pharmacy
Winona Health

Jeffrey J. Gappa
Carol Byrne
Winona Health

Alton L. Gile
Jesse & Paul Ebner

Leslie Gordon
David & Joy Armstrong
Mary Jo Murray
Richard Gordon
Scott & Barb Fabian
Winona Health

Joseph Greshik, Jr.
Joseph J. Greshik Family

Patricia 'Patty' Grossell
Barbara & Mark Pozanc
Beth Eichman
Craig Herold
George & Kristine Kreuzer
Gerald & Patricia Neal
Joni & Kip Gilbertson
Leonard & Lois Strange
Mary A. Kintzle
Mitch Grossell
Richard & Bonnie Scott
Robert & Diane Larson
Susan M. Rislove
Merchants Bank

Clara Gustafson
Will & Shirley Oberton

Deloris Guzzo
Winona Health

George H. Hansen
Mildred G. Hansen

Garry L. Hanson
Duane & Carol Jackels
Sandra Moger

Lowell H. Haug
Winona Health

Richard Heidemann
Rose & Horace Andersen
John & Barb Farell
Jim & Shannon Hanzel
Janet & Robert Lein
Jim & Carol Neppel
Mary & Richard Schneider

Dale A. Henkes
Ann L. Kendrick
Annah & Harold Jonsgaard
Blaine Krogh &
Mary Grafton-Krogh
Bonny & Ronald Maul
Cass & Mary Gordon
Claison & Patricia Henkes
Dennis & Gwen Elliott
Donna & Donald Peterson
Mr. and Mrs. Edwin Engelhardt
Elayne & Robert Marg
Gerald & Donna Goede
Kay & Peter Walsh
Marilyn Schneider
Dr. Patricia A. Sherman
Mr. and Mrs. Roland Doerring

Barb Heppelman
Winona Health

Ralph J. Herber
Janet A. Rompa

Russell & Arvilla Herbert
Jerry Whetstone

Jacqueline E. Hermann
Julie & Rick Galewski

Charles Tyrone 'Ty' Hill
Carol Byrne

Joan M. Hittner
David Hittner

Robert Horton
Leo & Bonnie Schneider

Franklin O. Huber
Winona Health

Rev. Gerhard H. Huggenvik
Jean & Steve Jorde

E. Rita Husman
Kim, Laura, Sam and Patti

Otis A. James
Winona Health

Robert 'Bob' Jandt
Bev Engel
Scott & Sharon Tolleson
Winona Health

Joseph J. Janikowski
Celia M. Wondrow
Charles & Marlene Anderson
Cheryl & Dan Vaughn
Dan & Becky Skorpak
Florence Knopick
Irene Janikowski
Keith & Dawn Krings
Peggy & Mark Przybylski
S.C. & P.L. Richter
Ty Swenson

Adolph J. Johnson
Carol Byrne
Winona Health

Cecilia (C.C.) Johnson
Steven C. Johnson

Diane Johnson
Pamela J. Spencer

Lyle N. Johnson
Peggy Johnson

Estela G. Kammerer
Winona Health

Richard Kanz
Anne L. Grulkowski
Scott & Barb Fabian

Kathryn R. Kanz-Brand
James & Sharon Cichosz

Patrick 'Pat' J. Kauphusman
Jean & Steve Jorde
June & Ron Hawley
Winona Health

Del Kelly
Bette Kelly

Doris M. Kimber
Susan & Wayne Kimber

Thomas F. Kimber
Susan & Wayne Kimber

Mary Lou Klagge
H.N. Bud & Karen Nystrom

Helen Klug
Carol Byrne
Julie & Michael Smith
Winona Health

Helen L. Kohner
Al & Pam Mueller

Jake Koop
Winona Health

Bernice M. Kostner
Mickey, Steve, Dave &
Julie Kulas

Gary L. Kostner
Mikey Kulas

Wayne Kramer
Kurt & Sandy Kramer

Alfred H. Krieger
Tammy & Steve Musta

Irvin E. Kriesel
Bernard Kriesel & Rebecca Kriesel

Thomas J. Kropidlowski
Linda Kropidlowski

Betty Kuelbs
Meredith R. Clifford

Richard Kuhlmann
AGRA Advisory Service
Roger & Laurie Anderson
Shirley Cisewski
Clare & Neil Denzer
Clinton & Barbara Kuhlmann
Coleen Peterman

Marjorie & Ralph Perry
Milton Ronnenberg

Thomas J. Lange, Jr.
Jean & Fran Dzwonkowski

Joanne E. Lanik
Julie & Michael Smith

Joanne E. Lanik
Violet L. Belter

Beverly A. Larson
Beverly A. Larson Trust

Taylor Leisen
Daniel Leisen

Edward 'Bud' J. Loshek
Christine & John Fitzgerald
The Kulas Family -
Mickey, Steve, Dave & Julie

Carol 'Dinny' Virginia Lowery
Normagene M. Pettersen
Scott Lowery & Connie
Blackburn-Lowery

Richard 'Rick' J. Lubinski
Ann Lubinski
Jody Snidarsic
June & Ron Hawley
Mary Curto

Alice M. Lynch
Alice Lynch Family
Dorothy Banicki
The Kulas Family -
Mickey, Steve, Dave & Julie

Edgar Lynch
Alice Lynch Family

William MacWhirter
Winona Health

David Mahlke, Sr.
Valerie Saffel

Benjamin Marshman
Winona Health

Mary Jane May
Barbara & Mark Pozanc
Dawn & John Gronner
Dave May

Casual for a Cause

On the last Friday of every month, Winona Health staff members are invited to give \$5 to the Winona Health Foundation and wear jeans or their favorite team jersey to work.

\$7,000+ has been raised toward 12 projects that benefit patients, residents, families and staff.

Jim May
Ron May
Scott May
Diane Otte
Nancy & Charles Scovil
Barb and Steve Slaggie
Vickie Klinger
Winona Health

Peter J. McCamley
Michele & Ivie Popplewell

Phyllis McClenathan
Kent & Joyce Dzurick

Thomas L. McKenna
Cheryl & Paul Krage
Gina McRae
Winona Health

Evangeline T. Meier
Art & Nadine Myers
Joni K. Hohensee-Burbach
Rob & Pat Rowe
Ron & Barb Meier
Steve & Mary Flad
Robert Skeels/
Coldwell Banker
Winona National Bank

Roger F. Meinen
Carol Byrne
Mike & Kim Allen
Shirley & Michael Eide
Winona Health

Sal Mendoza
Winona Health

Cheryl R. Meyer
Arlene Tullius

Cheryl Michels
Winona Health

Ben A. Miller
Christine & Larry Stoltman
Michele & Ivie Popplewell
Steve Maki

Mary Juanita Miller
Mary Jo & Robert Strauss

Joseph J. Mlynczak, Jr.
Dee & George Cipov
Winona Health

Alton J. Mork
Winona Health
Sam G. Morken
Duane & Carol Jackels
Gary & Ellen Evans
Marlene M. Hemsey
Phyllis Morken
Family & Friends
Bob & Erika Gilbertson

Ardis A. Mote
Terry & Marleen Mote

Homer Mote
Terry & Marleen Mote

Kevin J. Mulyck
Janet A. Rompa

My Parents
Susan Nelson

Donna Nagle
Susan & Wayne Kimber

Grace B. Nascak
Valerie Moyer

Hazel R. Neeck
Jean S. Engler
William & Nancy Nogosek
Winona County Old Settlers
Association
Ruth E. Nelson
Winona Health

Robert 'Bud' K. Neumann
Bob & Yvonne Fix

James A. Nowlan
Alice M. Gile
Connie & Stanley Ives
Sandra Moger

Opal V. Oevering
Edythe L. Larimer
Lawrence Oevering
Winona Health

Anthony Ogletree
Winona Health

George 'Dick' R. O'Reilly
Angie Bork
Ramona M. Bork

Clyde N. Papenfuss
Kathy Foley-Shea &
Sam Shea

Irving B. Passehl
Luann & William Heublein

Richard Pearson
Winona Health

*What inspires you? Compassion.
Warm spring days and flowers bursting with
color to be shared with friends and family.
Making a difference. Community togetherness.
Music. Paying it forward. Little children and
their sense of wonderment. When I see a need.*

Connie Pederson
Deb R. Vogel

Inez M. Pelley
Geraldine Piechowski
Laura & Paul Schaffner
Roxanne & Doug Borkowski

LaVonne A. Pettersen
Shirley & Michael Eide

Joyce M. Prigge
Kenneth Prigge

Stanley P. Prosen
June & Ron Hawley
Winona Health

Margaret Przytarski
Janet A. Rompa

Betty M. Rasmussen
Dian K. Biesanz
Winona Health

Bruce Reed, Sr.
Allan & Jeanine Aspen
Amy Welch
Arlene Tullius
Charles & Marlene Anderson
Chris Carroll, D.M.D.

Dennis & Carolyn Goplen
Ernie Buhler
Gary Flattum
Glennie Gilleen
Grace Reed Family
Guy Streater
Howard & Gladys Volkart
Janis C. Vose
Joyce B. Beard

Lillian E. Spencer
Gene and Lois Frank
Louise G. Streater
Margaret Ellefson
Mary Jo Baley
Mikey, Steve & Brad Kulas
Rosemary B. Addington
Fawcett-Junker Funeral Home

Rev. Holland D. Reidel
Charlotte J. Reidel
Dawn & John Gronner

John Reinarts
Carol Byrne
Jeanette 'Jan' Sorenson
Jeraldine Schneider Family
Rebecca Reinarts
Sean & Deb Malay
Thomas & Lisa Kowalewski

Robert C. Reps
Kimberly & Dennis Wirt

Robert F. Rettkowski
Angie Bork

Neal R. Roetzler
Lorraine Ashelin

Elva L. Rogers
Marilyn & Joel Bjorlo
Marland Beeman

Rita K. Rompa
Janet A. Rompa

Margaret 'Peggy' J. Rothering
David & Judy Kleinbach
Donald & Carol Valentine

Gary & Lois Daering
Gorden & Verna Gerdes
Gregory & Mary Volkart
Howard & Gladys Volkart
La Vonne T. Carroll
Lois & Larry Ladewig
Marilyn & John Hackbarth

Larry Ruben
Angie Bork
Gary & Ellen Evans
Judy Benson
Julie & Rick Galewski
June & Ron Hawley
Marjorie & Jonathan Bald
Roxanne & Doug Borkowski
Sara & Mike Gabrick Family
Sue & Tony Hassinger
Valerie Saffel
Winona Health

Geri Russell's Mother
Carol Byrne
Winona Health

Ruth M. Sawyer
Carl & Bonnie Troke
Chris & Harley Antoff
Forrest Sawyer

Holli & Mark Wieser
Irene & Richard Renk
Kristi Bettenburg
Mara Repinski
Rich & Eugenia Moe
Rose & Michael McGuire
Jim & Shannon Hanzel

Arlen J. Schmitt
Bev Engel
Bob & Duella Murphy

George Schneider
Nancy J. Schneider

Judge Jack Schoonover
Bonnie & Carl Troke

Harold C. Schuh
Geraldine Kratz
Haryette Newman

Carl F. Schultz
Winona Health

Thea Mae Schultz
Julie & Daniel Schneider

Richard 'Dick' Seltz
Geraldine Kratz
Dee & George Cipov
Winona Health

Jane M. Sherman
Dr. Mark & Betsy Midthun

Samuel Shoen
Julie & Michael Smith

Charles Sievers
Carol & Gerald Burgmeier

Bernice 'Skip' M. Sikorski
Judy Benson
Winona Health

Ashle Skaar
Winona Health

Stanley D. Smith
Dorothy & Paul Evanson
Gina McRae

Jeanette 'Jan' R. Sorenson
Donna J. Ernst
Ruth Erickson

Viola L. Sosalla
Angie Bork

Cyril N. Speltz
Linda L. Theis

Eunice M. Stachowitz
Curt & Traci Stachowitz

Barbara A. Steele
Winona County Old Settlers
Association

Leo & Mary Stoltman
Paula & Robert Shaw

Leona H. Stoltman
Jean & Fran Dzwonkowski
Winona Health Parkview
Pharmacy
Winona Health

Selina 'Shine' E. Stratton
Patricia Jones
Walter & Darlene Thompson

Betty A. Sulla
Emil Sulla

Mary Jo Sullivan
Dennis & Karen Cleveland
H.N. Bud & Karen Nystrom

Rita A. Sullivan
Mary June Zbylicki

Steven J. Sullivan
Dennis & Karen Cleveland

Ronald L. Tamke
Marie & Tom Grossell

Charley Templeton
Winona Health

Dr. James V. Testor
Bob & Erika Gilbertson

John 'Jack' Theis
Judy Benson

Juanita Thomas
Winona Health

Esther L. Tranberg
Shirley & Michael Eide

Maria Vickery
John & Mary Anne Mbali

Christopher B. Vix
Winona Health

Mary Jo Wait
Winona Health

Joan P. Waldock
Angie Bork

Dorothy F. Wantock
Dorothy Banicki
The Kulas Family -
Mickey, Steve, Dave & Julie

Roger J. Weaver
Bob & Duella Murphy
Winona Health

Jack (Butche) Wessin
Audrey & Henry Deblon
Audrey & Tim Pronschinske
Dr. David & Betsy Rowekamp
Christine & John Fitzgerald
Kathy Frahm
Kay Lockwood
Clarene Phillips
Robert Wessin
Jean & Fran Dzwonkowski
June & Ron Hawley
Karen & Bob Shaw
Lila & Elden Salwey

Donald & Lorraine Whetstone
Jerry Whetstone

Judy Whetstone
Jerry Whetstone

David A. Wiczorek
Dr. David & Betsy Rowekamp

Thelma C. Wieser
Carol Byrne
Thelma Wieser Family
Winona Health

Phyllis B. Wild
Phyllis Wild Family

Paul W. Wilfahrt
Winona Health

Margaret Williamson
Winona Health

Mary Ann Wilma-Boyd
Jean & Steve Jorde

Gerald "Bucky" Wondrow
Peggy & Mark Przybylski

Cheryl & Dan Vaughn

Constance 'Connie' J. Wood
Barbara Hultgren
Dean & Carol Anders
Diane & Duane Bohn
Duane & Carol Jackels
Grace Reed
Dr. David & Betsy Rowekamp
Joyce O. Locks
Dee & George Cipov
Marjorie & Ralph Perry
Scott & Sharon Tolleson
Susan J. Day

Daniel M. Woyczik
Winona Health

Marjorie R. Young
Phoebe C. Bambenek

Ann Marie Zanter
Jim & Doris Killian

**In honor of
Dee Cipov**
Danielle Spivey

Courtney K. Hoeg
Robin & Scott Hoeg

Krista I. Hoeg
Robin & Scott Hoeg

Joanne E. Lanik
Christine & Larry Stoltman

Ben A. Miller
Christine & Larry Stoltman

Hugh & Vera Miller
Dennis & Karen Cleveland

Luke Kevin Miller
Jerry & Pat Papenfuss

Tom Louis Miller
Jerry & Pat Papenfuss

Joshua Mueller
Al & Pam Mueller

**Kathy Redig/
Pastoral Care**
Kathy Northrup

Linda Rose
Jesse & Paul Ebner

Julie & Michael Smith
Dennis & Karen Cleveland

Janis C. Vose
Carol Garman

Jack I. Wessin
Scott & Barb Fabian

Winona Health Hospice Staff
Luann & William Heublein
Rebecca Reinarts

**Winona Health Imaging
Services**
Clay Templeton

**Happy Birthday
Sally Schultz**

Donald & Sandra Curtin

**Happy 100th Birthday
Alethea H. Fugina**
Geraldine Kratz

**Happy 50th Anniversary
Gary & Ellen Evans**
David & Lynn Theurer
James & Kathleen Kees
Donald & Susan McNaughton
Ken & Sally Mogren

**Happy Anniversary
Bob & Sue Hoodecheck**
Gary & Ellen Evans
Hugh & Vera Miller
Michael & Joette Gostomski
Bob Kierlin & Mary Burrichter

Karen & Ernie Rossa
Jim & Doris Killian

Happy Retirement

Dr. Frank A. Bures
Barbara Hultgren
Bela Trubacek
Carol Snidarsic &
Jody Snidarsic
Dee & George Cipov
Dr. John & Marlene Mulrooney
Bob & Erika Gilbertson

Dr. David A. Christenson
Dr. John & Marlene Mulrooney

Dr. Gary W. Hayes
Dr. John & Marlene Mulrooney
Brad & Kathy Benke
Dave & Becky Korder
Winona Health

Dr. John R. Peterson
Dr. John & Marlene Mulrooney
Winona Health

Kay Walsh
Winona Health

**Ben & Adith Miller
Tribute Award
Irene Renk**

Chris & Harley Antoff
Hugh & Vera Miller
Rose & Horace Andersen
RTP Company

**In Honor of the Marriage
Tom & Marilyn Ezdon**
Ted T. Haaland

**Michael Dubiaga &
Beverly Wagnon**
Gloria K. Siewert

Ben & Adith Miller Golf Classic

All Trades Service, LLC
Altra Federal Credit Union
Diane & Daniel Amundson
Susan J. Anderson
Arthur J Gallagher Risk
Management Services, Inc
Cerner Corporation
Crescent Printing Company
Dalco Enterprises, Inc.
DCM
Digicom, Inc.
Drinker Biddle & Reath LLP
Gallagher Benefit Services, Inc.
Julia and Steven Goldberg
Mary & Joseph Goldberg
Greshik Farms
Gundersen Health System
HealthPartners
HiMEC Mechanical, Inc.
Interactive Retirement Systems
ISC Financial Advisors
Henry & Laura Kalt
Bob Kierlin & Mary Burrichter
Chad & Rita Leitch
La Boutique / Ship It
Maroon Incorporated
Theresa V. McCamley
Merchants Bank
Roger & Ramona Metz
Hugh & Vera Miller
Miller Ingenuity
NXC Imaging/Toshiba
John & Suzanne Onken
Rich & Mary Ostlund
Winona Radio
Jerry & Pat Papenfuss
Polyram USA-Creative
Functional Polymers LLC

Premier Security, Inc
RehabCare Group
RTP Company
Robert & Rachelle Schultz
Schwab LLC
SF Foundation
Sodexo Health Care Services
Staples, Inc
Ralph Strangis
Textile Care Services
Mari & Erik Thompson
Travelers Insurance Company
Victrex USA
Vision Design Group
Weatherby Healthcare
Wells Fargo Bank
Lynnette & James Wilber
Wiman Corporation
WinCraft, Incorporated
Winona Agency
Winona Heating &
Ventilating Company
Winona National Bank
Winona Nursery, Inc.
Winona State University
Foundation
Wm. Miller Scrap Iron &
Metal Company

Gift in Kind

Linda Chadbourn
Gerry Cichanowski
Michael F. Cichanowski
Bob Doerer
Laurie Evenson
Mae P. Florin
Holy Trinity Quilters
Home Federal Savings Bank

Knitting for Others Group
Minnesota State College
Southeast Technical
Janet A. Rohrer
Barbara J. Schweiss
Winona Area Quilters Guild
Leah Zierfus

Live Well Winona

abr Employment Services
Back To Health Chiropractic
and Wellness
Eric J. Bartleson
Fastenal Company
Chris Gervais
Robert & Linda Heath
Hy-Vee, Inc.
LTF Triathlon Series, LLC
Hugh & Vera Miller
Will & Shirley Oberton
Tina Quick
River Hills Dental
RTP Company
Saint Anne of Winona
Foundation
Deanna Soback
Sugar Loaf Senior Living
Team Howell MMA LLC
Watlow Winona, Inc.
Amanda Weilandt
Robert J. Wera
Winona Agency
Winona Community
Foundation
Winona Family YMCA
Winona Health
Winona National Bank
Wm. Miller Scrap Iron &
Metal Company

Ben & Adith Miller Golf Classic
\$195,000 was raised for the Ben & Adith Miller Patient Care Fund in 2013.

The Ben & Adith Miller Patient Care Fund is a critical resource for community members who do not qualify for medical assistance and do not have the means to pay for medical care. Since its inception, the Patient Care Fund has helped more than 2,700 individuals pay more than \$6.7 million in medical bills.

Appreciating Guardian Angels

The Winona Health Foundation's Guardian Angel program allows people to recognize a physician, nurse or other staff member who made a difference in the life of a Winona Health patient or resident. When a gift is made to the Foundation in honor of a guardian angel, that staff member receives an acknowledgment letter and a guardian angel lapel pin.

Colleen Bateman
Family of Gladys and
Joesph Emanuel

Dr. E. Allen Beguin, MD
Joni K. Hohensee-Burbach

Dr. Sandhya Behera
Joni K. Hohensee-Burbach

Trisha Bellock
Linda L. Theis

Vickie Blong
Sally Mogren

Dena L. Brion, CNP
Roderick S. Baker
Shirley & Michael Eide

Dr. Matthew Broghammer
Linda L. Theis

Carla Bruss
Family of Gladys and
Joesph Emanuel

Carol Byrne
Janet A. Rompa

Kay Cumiskey
Michele Magnuson

Sharon Decker
Joni K. Hohensee-Burbach

Josh Degallier
Family of Gladys and
Joesph Emanuel

Diane Doebbert
Linda L. Theis

Helen Dyrdahl
Joni K. Hohensee-Burbach

Dr. Richard Ferris
Janet A. Rompa
Linda L. Theis

Tammy Fossum-Geiger
Family of Gladys and
Joesph Emanuel

Amy Friday
Family of Gladys and
Joesph Emanuel

Debbie Gappa
Joni K. Hohensee-Burbach

Teah Glover
Dr. Brant & Mrs. Kristi Deppa

Holly Gotz
Family of Gladys and
Joesph Emanuel

Dr. Katrina Hammel
Larry Ruben Family

Laurie Hammel
Donnie Grossell Family

Christine Hanson
Joni K. Hohensee-Burbach

Sue Hanson
Joni K. Hohensee-Burbach

Brittney Hatter
Family of Gladys and
Joesph Emanuel

Lisa Henderson
Family of Gladys and
Joesph Emanuel

Brittany Hirschuber
Joni K. Hohensee-Burbach

Donna Hoffman
Family of Gladys and
Joesph Emanuel

Donna Hopp
Joni K. Hohensee-Burbach

Megan Karr
Jennifer Burmeister

Mary Klonecki, CNP
Joni K. Hohensee-Burbach

Dr. Jonathan Knight
Joni K. Hohensee-Burbach

Ahlex Kortsan
Dr. Brant & Mrs. Kristi Deppa

Francine Kortsan
Family of Gladys and
Joesph Emanuel

Debbie Krage
Family of Gladys and
Joesph Emanuel

Brenda Kuehn
Joni K. Hohensee-Burbach

Karen Kuehntopp
Family of Gladys and
Joesph Emanuel

Dr. Sarah Lallaman
Joni K. Hohensee-Burbach

Nicole Lance
Linda L. Theis

Yia Lee
Joni K. Hohensee-Burbach

Lynnette Loth
Donnie Grossell Family

Joel Malin
Linda L. Theis

Mary Jo McKenna-Brummer
Family of Gladys and
Joesph Emanuel

Gina McRae
Family of Gladys and
Joesph Emanuel

Kelly McRaven
Joni K. Hohensee-Burbach

Tanya Meyer
Family of Gladys and
Joesph Emanuel

Dr. Mary Michener
Joni K. Hohensee-Burbach

Dr. Matthew Broghammer
Joni K. Hohensee-Burbach

Diane Myszka
David Dittrich Family

Diane Nelson
Charles & Judith Shepard
Family

Anna Nicolai
Family of Gladys and
Joesph Emanuel

Sarah Olszewski, PA-C
Joni K. Hohensee-Burbach

Dr. Daniel Parker
Janet A. Rompa
Linda L. Theis

Mary Pelissero
David Dittrich Family

Bailie Pelowski
Family of Gladys and
Joesph Emanuel

Pamela Pelowski
Linda L. Theis

Karen E. Perkins, PA-C
Linda L. Theis

Lori Pier
Family of Gladys and
Joesph Emanuel

Zoe Podjaski
Carol Byrne

Grace Rasmussen
Dr. Brant & Mrs. Kristi Deppa

Megan Rasmussen
Family of Gladys and
Joesph Emanuel

Jessica Ratajczyk
Family of Gladys and
Joesph Emanuel

Heather Repinski
Joni K. Hohensee-Burbach

Kelley Ruberg
Joni K. Hohensee-Burbach

Sue Schaffner
Joni K. Hohensee-Burbach

LuAnn Schmidtknecht
Dr. Brant & Mrs. Kristi Deppa

Kimberly Schneider
Joni K. Hohensee-Burbach

Kristi Schulte
Joni K. Hohensee-Burbach

Corrie Searles
Barbara & Sam Parent

Raena Sheffer
Family of Gladys and
Joesph Emanuel

Linda Smith
Donnie Grossell Family

Lynn Sprain
Janet A. Rompa

Coleman Straiton
Family of Gladys and
Joesph Emanuel

Tara Suffrins
Amy Nankivil

Cindy Teske
Sally Mogren

Linda Theis
Anonymous

Dr. Dirk Thompson
Joni K. Hohensee-Burbach

Dr. Scott Turner
Fred Fletcher &
Shelley Smith-Fletcher

Mary Vinson
Joni K. Hohensee-Burbach

Kris Walters
Janet A. Rompa

Linda Walzon
Family of Gladys and
Joesph Emanuel

Ann Weess
Joni K. Hohensee-Burbach

Breanna Weyrauch
Family of Gladys and
Joesph Emanuel

Dr. Robert Wilfahrt
Joni K. Hohensee-Burbach

Karen Williamson
Joni K. Hohensee-Burbach

Tracy Williamson
Donnie Grossell Family

**Winona Ambulance
Service**
Shirley & Michael Eide

**Winona Health
Emergency Room Staff**
Shirley & Michael Eide

**Winona Health Lake View
Court Staff**
Donnie Grossell Family

**Winona Health PAA/
PACU Staff**
Dr. Brant & Mrs. Kristi Deppa

**Winona Health Watkins
Manor Staff**
Margaret Kaehler

Debbie Yackel
Family of Gladys and
Joesph Emanuel

Who was your Guardian Angel?

If you would like to support Winona Health while paying tribute to an individual who made a difference in your care, visit winonahealth.org/foundation or contact the Winona Health Foundation at 507.474.3328.

Generosity to the Winona Health Auxiliary—

The Winona Health Auxiliary supports the mission of Winona Health through direct service to patients, residents and visitors, as well as through sponsoring a variety of special events including the Birthday Ball, Gladys D. Miller Gift Shop, Fantasy of Trees, Victorian Tea and much more.

Winona Health Auxiliary

American Legion Auxiliary
Unit No. 9
Watlow Winona, Inc.
Mary June Zbylicki

In memory of

Rita A. Sullivan
Mary June Zbylicki

In honor of

**Winona Health Auxiliary
Past Presidents**
Anonymous

Telecare

Lorraine Ashelin
Phyllis Morken
Catherine E. Slaby

In memory of

Marjorie L. Burch
Lori & Joseph Luby
Audrey J. Smith

Charles 'Chuck' M. Flanagan

Jeanette 'Jan' Sorenson

Jeanette 'Jan' R. Sorenson

Diane Barge
Mary Brenno
Francis Bresleman
Georgie & Mike Curran
Gary & Ellen Evans
Tom & Diane Flynn
Darlene & Ken Johnson
Ruth Johnson
Darrel & Barb Kramer

Rose M. Kulas
Diane & Robert Larson
Dan & Natalie Matejka
Patricia & John Meisch
Becky & Kevin Mueller
Cathy & Mike Prondzinski
Patricia & Ronald Schultz
Audrey J. Smith
Marie Tibor
Dr. Scott & Kathy Turner
Wally & Marlene Viestenz
Janis C. Vose
Betsy Ward
Judy Yess

In honor of

**Telecare Volunteers —
Winona Health Auxiliary**
Phyllis Morken
Darlene K. Wibben

Remembrance Fund

Mark Wagner & Anne Olsen
Wagner

In memory of

Raymond J. Boldt
Carol Byrne

Marjorie L. Burch
Steve & Candi Kohner

David 'Dave' A. Ditttrich
Roger & Mary Weaver
Cara Weaver
Chad & Lisa Weaver

Josephine 'Jo' M. Edstrom
Sheryl Miller

James R. Erickson
Ruth & Jerry Dalleska
Winona Health Auxiliary

Joanne E. Lanik
Winona Health Auxiliary

Maurice Metz
Rose & Horace Andersen

Lu Morcomb
Steve & Candi Kohner

Deanna Mosley
Carol Byrne

Kevin J. Mulyck
Carol Byrne
Steve & Candi Kohner
Winona Health Auxiliary

Sophia M. Ochymowycz
Steve & Candi Kohner

Richard F. Ottoson
Diane Barge
Norma J. Grausnick
Roberta J. Kiebusch

Ruth M. Sawyer
Carole & David Forest
Mary S. Joyce
Winona Health Auxiliary

Jeanette 'Jan' R. Sorenson
Roxanne & Doug Borkowski
Carol Byrne
Steve & Candi Kohner

The Auxiliary contributed more than \$64,000 from fundraising efforts. This includes \$20,000 in scholarships for students pursuing healthcare careers.

Sheryl Miller
Gloria K. Siewert

Cyril N. Speltz
Kathy & Wayne Shustrom
Marlene Walther

Esther L. Tranberg
Steve & Candi Kohner

Jan Varner
Claude & Shirley Klein

Roger J. Weaver
Carol Byrne
Steve & Candi Kohner
Winona Health Auxiliary

Tim Wernz
Sheryl Miller

Constance 'Connie' J. Wood
Evelyn Christensen
Gayla R. Clemons
Arlayne Fremling
Janis C. Vose

**In honor of
Carol Byrne**
Steve & Candi Kohner

Kris Walters
Steve & Candi Kohner

Happy Occasion Fund

**Ben and Adith Miller
Community Tribute Award
Irene Renk**

Diane Barge
Mary Brenno
Connie & Joe Duff
Gladys D. Miller Gift Shop
Dr. Jim and Jenny Kahl
Roger & Ramona Metz
Mary E. Pendleton

Happy Retirement
Kent Gernander
Kim & Peter Schwab

**Happy Birthday
Drew Jerome Miller**
Jerry & Pat Papenfuss

Jeremy Miller
Jerry & Pat Papenfuss

Richard Baylon
Gene & Lois Frank

**Happy Anniversary
Bob & Sue Hoodecheck**
Sheryl Miller

**Happy 60th Anniversary
Herb & Ruby Highum**
Michael & Susan Anderson

**Happy 50th Anniversary
Karen & Ernie Rossa**
Rose & Horace Andersen

**Guardian Angel
Dr. Daniel Parker**
Carole & David Forest

In 2013, more than 375 active volunteers gave over 23,675 hours of their time and talents to Winona Health.

Healthy starts here— *with local healthcare services.*

Winona Health provides primary and specialty care services to community members of all ages through the following service lines.

Primary Care Clinics

- Anticoagulation/Coumadin Clinic
- Dialysis
- Family Medicine
- Family Practice
- Internal Medicine
- Nutrition Services and Diabetes Education
- Occupational Health
- Outreach Clinic (specialty providers from neighboring healthcare organizations)
- Pediatrics
- Rushford Clinic
- Therapies
- Sleep Medicine

Surgical/Specialty Services

- Anesthesia
- Cancer Carew
- Chemotherapy/Infusion
- Dermatology
- Eye Care Center
- General Surgery
- Laboratory/Pathology
- Oral Surgery
- Ophthalmology
- Orthopedics & Sports Medicine
- Pain Management
- Podiatry
- Women's Health – OB/GYN
- Wound Care

Emergency/Urgent Care Services

- Emergency Department
- Imaging Services
- Urgent Care Clinic
- Winona Area Ambulance Service

Inpatient Services

- Intensive Care Unit
- Medical/Surgical/Pediatric Unit
- Family Birth Center
- Psychiatric and Counseling Services
- Behavioral Health Unit

Senior Services

- Skilled Nursing
 - Lake Winona Manor
- Assisted Living
 - Watkins, Adith Miller and Roger Metz Manors
- Home Care
- Hospice
- Palliative Care
- Transitional Care Unit

Wellness Services

- Employer Services
 - Occupational Health
 - HealthyBalance

Winona Health also offers pharmacy services at these locations:

- Parkview Office Building
- Winona Clinic
- Winona State University

Find us online:
winonahealth.org



More information about services available at Winona Health, along with details about healthcare providers, career opportunities and upcoming events, can be found online at winonahealth.org, or by calling 507.454.3650.



PO Box 5600 • 855 Mankato Avenue • Winona, MN 55987

Find us online:
winonahealth.org



Generosity Inspires
the HEALING GENEROSITY of others.