Diabetes Self-Management Education/Training (DSME/T), Medical Nutrition Therapy (MNT), and Intensive Behavioral Therapy (IBT) for Obesity Order Form

Patient Information

_____

Patient's Last Name First Name Middle

Date of Birth _____/_____/_____ Gender: □ Male □ Female

_____

Address City State Zip Code

_____

Home Phone Other Phone

Diagnoses/Complications/Comorbidities

Check all diagnoses that apply to this referral

□ Type 1 □ Type 2 □ Kidney Disease □ Hypertension □ Dyslipidemia
□ CHD □ Obesity □ Neuropathy □ Non-healing wound □ PVD
□ Mental/affective disorder □ Retinopathy □ Pregnancy □ Stroke
□ Other: _____
□ List ICD-10 dx codes: _____

Diabetes Self-Management Education/Training (DSME/T)

Check type of training services requested

□ Initial individual and/or group DSME/T (up to 10 hours)
□ Follow-up DSME/T (up to 2 hours)

Medical Nutrition Therapy (MNT)

Check the type of MNT requested

□ Initial MNT (up to 3 hours)
□ Annual follow-up MNT (up to 2 hours)

Patients with special needs requiring individual (1 on 1) DSME/T

Check all special needs that apply:

□ Vision □ Hearing □ Physical □ Cognitive Impairment
□ Language Limitations □ Other: _____

Intensive Behavioral Therapy for Obesity (IBT)

BMI = _____kg/m^2 (Medicare: ≥ 30 kg/m2 required)

DSME/T Content

Our program includes individual sessions and classes that cover the following:

Monitoring diabetes Diabetes as a disease process Psychosocial adjustment
Physical activity Nutritional management Goal setting, problem solving Medications
Prevent, detect and treat acute complications

I certify that I am managing the patient's condition and that the education requested is needed to provide the patient with the necessary skills and knowledge to assist with therapy compliance and/or enable the patient to successfully manage his/her condition.

Provider Name (please print) _____

Signature and NPI# _____ Date _____/_____/_____

Provider Phone: _____ Provider Fax: _____

Fax completed form to: Diabetes & Nutrition Education at 507-457-7737. Call us for any questions at 507-457-4161.