

4/24/2020



To Our Residents and Family Members:

Thank you for your patience as we continue to restrict all visitors to our setting. Visitor restrictions include visits to the **inside and outside** of the building, at the entrance, on the sidewalk and in the courtyard. We ask for your help to notify your friends and family to let them know about our visitor restrictions. It will take everyone's best effort to do our best at staying healthy.

As recommended by the Minnesota Department of Health and the Center for Disease Management we continue to actively screen everyone, including staff, who need to come into our building.

- We need our residents, along with the state of MN, to STAY HOME. If you leave campus, you will need to stay in your apartment for 14 days and be regularly screened for symptoms. The more our residents practice staying home, the more we reduce the risk of spreading the virus to one another.
- We are encouraging our residents to come out of their apartments to get some exercise! Get out and enjoy the sunshine. Our staff want to walk with you. Please call the front desk at 494-7400 if you would like someone to walk with.
- All residents are required to wear a mask when outside of their apartment.
- All residents and staff are to wear a mask when in close contact of each other. This includes when staff have entered a resident's apartment and during personal cares.
- As we practice staying at home, there is no transportation service at this time.
- We are stocking some toiletry supplies, such as toilet paper, and are also able to do limited curb side pick up for our residents. If you need minimal items, please contact the front desk. Thank you to our family and friends for your continuous support with dropping off needed supplies for your loved one.
- We continue to have all meals delivered to the apartments. Thank you to our food service staff for making sure residents continue to get served some of their favorites! Homemade pizza and grill outs are now on the menu.
- We ask our residents to keep an area clear in their apartments where you can enjoy your meals. If you need help making a space in your apartment, please let us know.



- Please place your meal trays on the ledge outside of your apartment. If you do not have a ledge, staff have placed a chair outside of your apartment to set the tray on. If you are unable to carry your tray, please let us do that for you.
- Our residents have voted for their favorite spring and summer Kari Yearous photos! These photos will become canvas prints for our residents to enjoy when the return to the dining room.
- Our staff are working to make sure some of our residents' favorite activities are still available! Be on the lookout for Sundaes on Sunday and Happy Hour rolling up and down the hallways.
- We have implemented iPads and have a Netflix account for our residents to use. Residents are able to check out an iPad to stay connected with family and friends, watch a church sermon, watch a movie, or to listen to some favorite music. Please call the front desk to check out an iPad.

We continue to be focused on infection control best practices with our staff and residents. We continue to stay up to date with the CDC recommendations as they continue to change. This includes practicing good handwashing procedures, wearing masks at all times and other barriers as needed, and frequently disinfecting surfaces.

Everyone can help prevent the spread of infection by exercising proper <u>hand washing hygiene</u>, <u>coughing and sneezing etiquette</u>, <u>wearing a mask</u>, <u>practicing good social distancing and staying</u> <u>home</u>. Avoid shaking hands and giving hugs with any individual. If you are experiencing a new onset of cough, fever, sore throat, runny nose, and/or shortness of breath, please let a staff member know immediately.

Communication is key, and we will continue to update you on any news, emerging issues, or changes in our regular operations. Please make sure we have your most current contact information so we can efficiently communicate with you should there be any new developments.

We apologize in advance for any inconvenience this may cause, but we are keeping the safety, health and wellness of our residents and staff as our number one priority. Should you have any questions, please feel free to contact me at 507-494-7496.

Sincerely, Cheryl Krage, Director