

Friday March 19, 2021

This week MDH have released updated guidance for us for visitation and non-medically necessary outings. Below is an overview on some of the changes. This information can also be found on the Minnesota Department of Health's website: https://www.health.state.mn.us/diseases/coronavirus/hcp/ltc.html.

Topic	Fully Vaccinated Individual	Non-Vaccinated Individual
	Definition of fully vaccinated: People	Definition of non-vaccinated: People
	are considered fully vaccinated for COVID-19 two weeks after their second dose of a vaccine that requires	who have not completed all necessary doses of the vaccine, people who are not past the two week point post
	two doses (like Pfizer or Moderna), or two weeks after they get a single dose of vaccine that requires one dose (like Johnson and Johnson).	vaccine, or people who have chosen to not receive the vaccine.
Non-medically necessary outings	 Do not need to quarantine for 14 days unless they learn they have spent 15 minutes or longer in a 24-hour period, within 6 ft. of someone with COVID-19. May gather indoors or outdoors with other people who are fully vaccinated. Can visit indoors or outdoors with unvaccinated people from a single household who are at low risk for severe COVID-19 infection. Can choose to have close contact (including touch) with the persons they are visiting. 	 May be required to quarantine when they return from a non-medically necessary outing. Situations vary and will be determined by Administration. For residents who are not fully vaccinated and leave for non-medically necessary outings, we recommend you contact Administration to review quarantine plans.
Good Infection Control Practices to reduce risk of infection	 Wear a well fitted mask that covers the mouth and nose Stay 6 feet from others (social distancing) when practical Use good hand hygiene 	 Wear a well fitted mask that cover the mouth and nose Stay 6 feet from others (social distancing) when practical Use good hand hygiene
Attending Place of Worship or other group events, to shop, eat in public establishments	 Practice good infection control techniques (see above) When county positivity rate is below 5% 	 May be required to quarantine when they return from a non-medically necessary outing. Situations vary and will be determined by Administration. Practice good infection control techniques (see above) When county positivity rate is below 5%

Testing	 Follow the facility plan for testing 	Follow the facility plan for testing
Inside Facility Dining and	No Changes at this time	No Changes at this time
Activity Guidance Indoor Visitation – when County positivity rate is less than 10%	 Limited visitor movement in the facility Visitors and residents follow the core principles of COVID-19 infection prevention (see above) Can choose to have close contact (including touch) with their visitor while wearing a well fitted mask and performing good hand hygiene before and after. 	 Limited visitor movement in the facility Visitors and residents follow the core principles of COVID-19 infection prevention (see above)
Topic	Vaccinated Individual	Non-Vaccinated Individual
Residents with active COVID-19	 Transmission based precautions enforced No visitation Resident remains in Apartment 	 Transmission based precautions enforced No visitation Resident remains in Apartment
Residents in Quarantine	 Limited Visitation - Approved Compassionate Care and Essential Care visits allowed 	 Limited Visitation - Approved Compassionate Care and Essential Care visits allowed

The decision trees below provide paths for visitation decisions.

LONG-TERM CARE VISITATION GUIDANCE FLOWCHART FOR EXCEPTIONS TO INDOOR VISITATION

