

# Service & Provider Directory

All Winona Health phone numbers are in the 507 area code.



454.3650 • 855 Mankato Avenue • Winona, Minn.



**Adith Miller & Roger Metz Manors**  
454.0179  
885 Mankato Avenue

**Anesthesiology**  
457.4331  
Amarjit Viridi, MD  
Brandon Allen, CRNA  
Joel Malin, CRNA  
David Quelle, CRNA  
Amy Tevis, CRNA

**Anticoagulation Clinic**  
457.8513  
Clinic 2nd floor

**Cancer Care Navigator**  
494.7378  
Clinic 2nd floor

**Cardiopulmonary Rehabilitation**  
457.4419  
Parkview Office Bldg.  
(Adjacent to hospital)

**Chemotherapy/Infusion**  
457.8545  
Clinic 1st floor

**Dermatology**  
457.7674  
Clinic 2nd floor  
Kevin Christensen, MD

**Diabetes/Nutrition Education**  
457.4521  
Clinic 2nd floor

**Dialysis**  
457.4391  
Hospital 1st floor  
Shelby Marx, LICSW

**Emergency Medicine (if an emergency, call 911)**  
Hospital entrance  
Robert Brown, DO  
Bethany Corliss da Rocha, MD  
Sarah Cates, DO  
Wayne Kelly, MD  
Joseph Koo, DO  
Charles Kooiker, DO  
Chris Watras, DO  
Sarah Eichenberg, PA-C  
Joel Stevens, PA-C

**Eye Care Center**  
474.4760  
Clinic 3rd floor  
457.7620  
Main Street Clinic  
107 West 4th Street  
Stephanie LaLiberte, OD  
Scott M. Pastryk, OD

**Family Medicine, Rushford**  
864.7726  
109 W. Jessie Street, Rushford  
Nicholas Modjeski, MD  
Holly Engler, PA-C

**Family Medicine, Winona**  
457.7648  
Clinic 2nd floor  
E. Allen Beguin, MD  
Adam Fletcher, MD  
Jennifer Forsyth, DO  
Mary A. Michener, MD  
Nicholas Modjeski, MD  
Alexandra Sharp, MD  
Denver Brown, PA-C  
Hannah Degallier, PA-C  
Virginia Green, CNP

**General Surgery**  
457.7670  
Clinic 2nd floor  
Matthew J. Broghammer, DO  
Karen Perkins, PA-C  
Shelby Rockafellow, PA-C

**Hospice**  
457.4468  
175 E. Wabasha St.  
Jennifer Forsyth, DO  
Charlotte Clark, MD  
Mary Kramer, CNP

**Hospital**  
454.3650  
855 Mankato Avenue

**Hospitalists**  
Joshua Degallier, MD  
Katrina Hammel, MD  
Joseph Kaiya, MD  
Jake Thomas, MD  
Ayesha Carlsson, PA-C  
Laura Dubis, PA-C  
Bobbi Jo Jensen, PA-C  
Autumn Leigh Cole, CNP  
Amy Macal, CNP  
Bonny Thul, CNP  
Heidi Thompson-Stangler, CNP

**Internal Medicine**  
457.7622  
Clinic 2nd floor  
Andrew E. Edin, MD  
Richard C. Ferris, MD  
Katrina Hammel, MD  
Charles A. Shepard, MD  
Mary Kramer, CNP  
Traci J. Morken, CNP  
Anne Marie Olsen Wagner, CNP  
Laura Trautlein, PA-C  
Bonny Thul, CNP  
Mary Vang, CNP

**Lake Winona Manor**  
457.4366  
865 Mankato Avenue

**Occupational Health**  
474.3212  
Clinic 1st floor  
E. Allen Beguin, MD  
Lisa McCabe-Evans, CNP

**Orthopedics & Sports Medicine**  
474.3338  
Clinic 3rd floor  
Jonathan Asp, MD  
Michael Dussault, MD  
Adam Fletcher, MD  
Andrew Millis, MD, FAAOS  
Garrett Fooshee, PA-C

**Main Street Clinic**  
457.7620  
107 West 4th Street  
Kristin Badenhorst, PA-C  
Jessica Nelson, CNP

**Pain Management**  
474.5698  
Clinic 1st floor  
Amarjit Viridi, MD

**Pediatrics/Adolescent Medicine**  
457.7607  
Clinic 2nd floor  
Sarah Lallaman, DO  
Heather Burton, MD  
Kelli Ostermann, MD  
Jessica Nelson, CNP  
Laura Dubis, PA-C

**Pharmacy, Winona Clinic**  
457.7688  
Clinic 1st floor

**Plastics & Cosmetics**  
474.3152  
Clinic 2nd floor  
Hans J. Serleth, MD  
Katie Compton, CNP

**Podiatry**  
474.FEET (474.3338)  
Clinic 3rd floor  
Michael P. Donnenwerth, DPM, FACFAS  
Jason LaPorte, DPM  
Thomas Nachtigal, DPM

**Psychiatry/Counseling**  
454.2606  
Clinic 2nd floor  
Jessica McIlrath, DO  
Collin Coffield, CNP  
Kelsey Martin, LICSW, LADC  
Shelby Marx, LICSW

**Radiology/Imaging**  
457.4320  
Clinic 1st floor  
George Ripeckyj, MD

**Respiratory Care**  
457.4326  
855 Mankato Avenue

**Senior Living at Watkins**  
494.7400  
175 E. Wabasha St.

**Sleep Advisor Services**  
457.7703  
930 Parks Avenue

**Sleep Lab Services**  
Coordinator  
457.8511  
Clinic 1st floor  
Lab  
474.3274  
Hospital 2nd floor

**The Spa at Winona Health**  
457.SPA1 (457.7721)  
Parkview Office Bldg.  
(Adjacent to hospital)  
Dragana Jurkovic  
Maggie Grisen  
Jade Valerius  
Julia Giebel

**Therapy Services**  
457.4329  
Winona Family Y, 2nd floor  
902 Parks Avenue, Winona  
864.7726  
109 W. Jessie Street  
Rushford  
Physical & Sports Therapy  
Occupational Therapy  
Speech-Language Pathology  
Massage Therapy

**Urgent Care**  
474.7830  
Clinic 1st floor  
Ian Young, MD  
Kristin Badenhorst, PA-C  
Jessica Buckbee, PA-C  
Courtney Beyer, CNP  
Lisa McCabe-Evans, CNP  
Stephanie Frisch, PA-C  
Erin Hanson, CNP  
Lynsey Laxton, PA-C  
Kari Nelson, PA-C  
Laura Stussy, CNP  
Jennifer Van Keulen, PA-C  
Rebecca Wuensch, CNP

**Winona Clinic**  
454.3680  
855 Mankato Avenue

**Winona Health Foundation**  
474.3328  
Hospital 1st floor

**Winona Home Medical Durable Medical Equipment**  
457.7703  
930 Parks Avenue

**Women's Health**  
457.7701  
Clinic 3rd floor  
Troy J. Shelton, MD  
Sonya Rice Thompson, MD  
Katie Duerr, CNM  
Kara Reller, PA-C

**Wound Care**  
457.7679  
Clinic 2nd floor

Find us online: [winonahealth.org](http://winonahealth.org)   

**SINCE 1894**  
**WH Winona Health**



# Healthy starts here — with local healthcare services

## Emergency/Urgent Care Services

- Emergency Department
- Urgent Care Clinic
- Winona Area Ambulance Service

## Inpatient Services

- Intensive Care Unit
- Medical/Surgical/Pediatric Unit
- Family Birth Center

## Primary Care Services

- Family Medicine
- Internal Medicine
- Pediatrics/Adolescent Medicine
- Rushford Clinic
- Psychiatric and Counseling Services (outpatient)
- Dialysis
- Anticoagulation/Coumadin Clinic
- Cardiac Rehab
- Community Care Network
- Conservative Management Clinic
- Diabetes/Nutrition Education

## Virtual Visits

- SmartExam
- Telemedicine
- Urgent Care

## Main Street Clinic

- Quick Care
- Eye Care

## Hospice Services

## Specialty Services

- Anesthesia Services
- Cancer Care
- Dermatology and Mohs Surgery
- Durable Medical Equipment (DME)
- Eye Care Clinic
  - Optometry
  - Ophthalmology
  - Glasses & Contact Lens Services
- General Surgery
- Imaging Services
  - Mammography
  - Dexa
  - Ultrasound
  - Diagnostic Radiology (X-ray)
  - MRI
  - CT
  - PET CT
  - Echocardiogram
  - Nuclear Medicine
- Infusion Services
- Laboratory/Pathology
- Orthopedics & Sports Medicine
- Pain Management
- Plastics, Cosmetics & Reconstructive Surgery
- Podiatry
- Sleep Studies & Sleep Advisor Services
- Spa Services
- Women's Health
  - OB/GYN
  - Midwifery

## Specialty Services *continued*

- Rehabilitation Services
  - Physical & Sports Therapy
  - Occupational Therapy
  - Speech-Language Pathology
  - Massage Therapy
- Urology Services
- Wound Care

## Senior Services

- Chaplain Services
- Skilled Nursing
  - Lake Winona Manor
  - Transitional Care Unit
- Assisted Living
  - Senior Living at Watkins, Adith Miller & Roger Metz Manors

## Retail Pharmacy Services

- Winona Clinic Pharmacy with drive-up window

## Wellness Services

- Employer Services
  - Occupational Health
  - HealthyBalance
- Healthy Kids
- Wellness Classes

To learn more about services, healthcare providers, career opportunities and upcoming events, visit [winonahealth.org](http://winonahealth.org) or call us at 507.454.3650.

<b>Winona Health SmartExam</b> Common illness or injury treatment that doesn't require a physical exam. Use doesn't require a physical exam. Use your smartphone, tablet or computer to answer questions online — no audio or video. A Winona Health provider will respond with a treatment plan and prescription if necessary. <b>No appointment necessary.</b> Complete SmartExam anytime. Diagnosis and treatment plan within an hour during SmartExam hours. Monday - Friday, 7 am - 8 pm Saturday & Sunday, 7 am - 5 pm <a href="http://winonahealth.org/smartexam">winonahealth.org/smartexam</a> Only \$39 \$	<b>Main Street Clinic Quick Care</b> Common illness, injury and preventive care. Cash-based transparent pricing. No cost before you commit. No insurance needed. Services provided for (PFA) or Flexible Spending Account (FSA) claims. <b>Walk in or schedule online.</b> <b>Main Street Clinic</b> Corner of 4th & Main 107 W. 4th Street, Winona 507.457.7920 <b>Monday - Friday, 7 am - 5 pm</b> Prices set at visit and online. <a href="http://mainstreetclinicmn.org">mainstreetclinicmn.org</a> Generally \$79 \$	<b>Winona Health Primary Care</b> Preventive and wellness care and screening care for illnesses and injuries; diagnosis, treatment and management for health conditions health education; referral to specialty care as needed. <b>Schedule an in-person or virtual video appointment.</b> <b>Winona Health</b> 855 Main Street, Winona 507.454.3650 <b>Monday - Thursday, 7:30 am - 7 pm</b> <b>Friday, 7:30 am - 5 pm</b> <b>Rushford Clinic</b> 107 W. 4th St., Rushford 507.664.7726 <b>Monday - Friday, 8 am - 4:30 pm</b> \$	<b>Winona Health Urgent Care</b> Treatment that may require a wider range of lab or radiology services for illnesses and injuries when it's not an emergency but you want care right away. <b>Walk in for in-person visit. Click in for virtual video visit.</b> <b>Winona Health Clinic 1st floor</b> 855 Main Street, Winona 608.474.7830 <b>Monday - Friday, 7 am - 8 pm</b> <b>Saturday &amp; Sunday, 7 am - 5 pm</b> <a href="http://winonahealth.org/uc">winonahealth.org/uc</a> \$\$\$	<b>Winona Health Emergent</b> For life-threatening and injuries, immediate care is needed. <b>Always Come In</b> Winona, 855 M
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[winonahealth.org](http://winonahealth.org)

Download our guide: **Your healthcare options—explained** at [winonahealth.org/options](http://winonahealth.org/options).