

2026 Therapeutic Recreation Weekly Calendar

TR Events subject to change when necessary

Monday July 13	Tuesday July 14	Wednesday July 15	Thursday July 16	Friday July 17	Saturday July 18
9:00 Seated Exercise & News (TCU)	9:00 Cardio Drumming & News (TCU)	9:00 Seated Exercise & News (TCU)	9:00 Cardio Drumming & News (TCU)	9:00 Music & Movement and News (TCU)	   <i>Check out the Lake Park Recreation Room in TCU Activity Area</i> <i>Make Someone Smile Week Begins</i>
10:00 Bible Study with "Bible George" (Chapel)	10:00 Crossword Puzzle (TCU)	10:00 <i>Shopping: Dahl Auto Museum & Five Guys Restaurant (those signed up)</i> 	10:15 Bingo (TCU) 	10:15 Bingo (TCU) 	
2:00 Live Music with Thomas Conrad (LVC) 	12:00 Tunes with Vincent (LVC/SL)		11:00 Rosary (Chapel)	12:00 Resident shopping orders due	
3:15 Manicures & Music (LVC) 	1:15 Food Enhancement Meeting (TCU)	1:00 Sewing w/ Janet (LVC Sewing Area)	12:00 Mealtime Music with Elizabeth (LVC)	1:30 Mad Libs (LVC)	Sunday July 19
	2:15 Bingo (TCU) 	2:30 Spiritual Sing Along (Chapel)	1:00 <i>Outing: Pontoon Boat Ride (those signed up)</i> 	2:30 Happy Hour – Chex Mix (LVC) (SL)	10:00 Cathedral Parish Communion – Volunteers (those signed up)
6:00 Devotions with Robb (Chapel) <i>Mighty Mississippi River Day</i>	3:30 Indoor Bowling (TCU) <i>Measure It Day</i>	3:15 Afternoon Aerobic Exercises (LVC) <i>Eat a Bagel Day</i>	2:30 Hula-Hoop Sports (TCU) <i>Hula-Hoop Day</i>	8:00 – 3:00 Kraft Pillow Cleaning Service (Lake Circle Drive)  <i>Robin Hood Day</i>	8:00 – 11:00 Various Church Services (Channel 20)  <i>We All Scream for Ice Cream Day</i>

TCU = 1st Floor Transitional Care Unit Activity Room, LVC = 1st Floor Lake View Court Activity Area, SL = 2nd Floor Sugar Loaf Lane Activity Area